

## **1    ABSTRACT OF THE DISCLOSURE**

2            A bodyboard has a body and a protective strip. The body has a core, an  
3    upper layer and a lower layer. The core has a top, a bottom and multiple holes  
4    defined in the top and the bottom. The upper layer is securely attached to the top  
5    of the core with glue. The lower layer is securely attached to the bottom of the  
6    core with glue. The protective strip is mounted on the edge of the body along the  
7    front and two sides of the body. The holes in the core plate enlarge the glue  
8    contact area of the core, such that the structure between the core, the upper layer  
9    and the lower layer is strengthened.